

AUTISM SPECTRUM DISORDERS

DIAGNOSTIC EVALUATIONS

THE FIRST STEP IN WORKING WITH A FAMILY OF A CHILD WITH ASD IS ACCURATE DIAGNOSIS. A TYPICAL EVALUATION



INCLUDES A DIAGNOSTIC PLAY SESSION (USING THE GOLD-STANDARD AUTISM DIAGNOSTIC OBSERVATION SCHEDULE), PARENT INTERVIEW, INTELLECTUAL TESTING, AND ADAPTIVE BEHAVIOR ASSESSMENT. A DETAILED REPORT, INCLUDING RECOMMENDATIONS, IS WRITTEN AND DISCUSSED WITH EACH FAMILY.

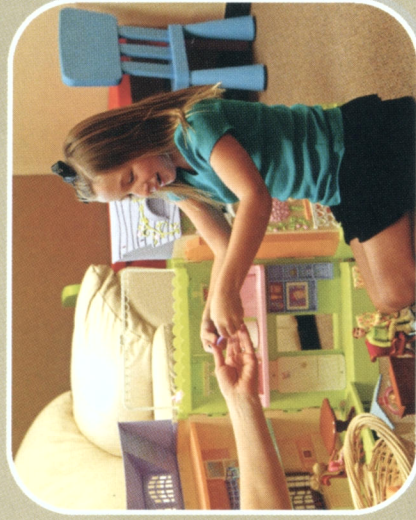
INTERVENTION/TREATMENT SERVICES

TREATMENT GOALS ARE INDIVIDUALIZED TO MEET THE NEEDS OF EACH CHILD AND FAMILY. THE MCC PSYCHOLOGISTS WERE TRAINED IN USING BOTH STRUCTURED TEACHING AND BEHAVIORAL THERAPY METHODS, AND WE USE A COMBINATION OF THESE TECHNIQUES IN OUR WORK WITH CHILDREN WITH ASD AND THEIR FAMILIES.

SERVICES ALSO INCLUDE SCHOOL CONSULTATION SERVICES AND SOCIAL SKILLS GROUPS. THE SOCIAL SKILLS GROUPS FOCUS ON IMPROVING BASIC SOCIAL SKILLS TO MORE COMPLEX SOCIAL UNDERSTANDING AND RELATIONSHIPS.



INDIVIDUAL COUNSELING



THE MCC CHILD PSYCHOLOGISTS ARE EXPERTS IN A RANGE OF PSYCHOTHERAPY THEORETICAL ORIENTATIONS AND TECHNIQUES, INCLUDING COGNITIVE-BEHAVIORAL THERAPY, BEHAVIORAL THERAPY, DIALECTICAL BEHAVIOR THERAPY, AND PLAY THERAPY. OUR PROVIDERS WORK TO ESTABLISH A THERAPEUTIC RAPPORT FIRST WITH THE CHILD AND HIS/HER PARENT(S). THEN, BUILDING FROM THE PROFESSIONAL RELATIONSHIP, CLINICAL THEORY AND TECHNIQUES ARE SKILLFULLY APPLIED TO OBTAIN THE DESIRED CHANGES. PLEASE CALL TODAY TO SCHEDULE AN APPOINTMENT WITH ONE OF OUR COMPETENT CHILD PSYCHOLOGISTS TO BEGIN MAKING THE CHANGES YOU WOULD LIKE TO SEE IN YOUR CHILD.



PSYCHOLOGICAL TESTING

ADHD TESTING

ADHD IS AN OVER-DIAGNOSED, OVER-MEDICATED PHENOMENON IN OUR SOCIETY AT THE MOMENT. THE MCC ADHD EXAMINATION IS AN EXTENSIVE PROCESS THAT INVOLVES APPROXIMATELY FOUR HOURS OF TESTING, AS WELL AS GATHERING ESSENTIAL INFORMATION FROM THE CHILD'S PARENT(S) AS WELL AS FROM THE CHILD'S TEACHER. THE MCC PSYCHOLOGISTS ARE CONSERVATIVE IN THEIR DIAGNOSIS OF ADHD, AND PARENTS CAN REST ASSURED THAT THEIR CHILD WILL NOT BE CARELESSLY DIAGNOSED OR UNNECESSARILY MEDICATED AFTER RECEIVING ONE OF OUR DETAILED EVALUATIONS.



EMOTIONAL FUNCTIONING

MENTAL HEALTH DIAGNOSES ARE NOT DISCREET CONDITIONS. FOR EXAMPLE, BIPOLAR DISORDER SHOULD BE THOROUGHLY INVESTIGATED AND SUBSTANTIATED VIA PSYCHOLOGICAL ASSESSMENT BEFORE ANTI-PSYCHOTIC, ANTI-SEIZURE, AND/OR MOOD STABILIZING DRUGS ARE INTRODUCED AS A TREATMENT. OFTEN, WHAT WOULD APPEAR TO BE SYMPTOMS OF A BIPOLAR DEPRESSION ARE IN FACT BETTER EXPLAINED BY SUBSTANCE ABUSE, A PERSONALITY DISORDER, A MIXED UNI-POLAR DEPRESSION, OR A COMBINATION OF CONDITIONS. ACCURATE DIAGNOSIS SHOULD ALWAYS PRECEDE TREATMENT.

PARENT-CHILD INTERACTION THERAPY (PCIT)



PCIT IS AN EMPIRICALLY SUPPORTED TREATMENT AND IS APPROPRIATE FOR A BROAD RANGE OF PRESENTING PROBLEMS IN YOUNG CHILDREN BETWEEN THE AGES OF 2 - 7 YEARS.

TYPICAL PROBLEMS TREATED WITH PCIT INCLUDE EXTERNALIZING PROBLEMS, SUCH AS NONCOMPLIANCE, DEFIANCE, VERBAL AND PHYSICAL AGGRESSION, STEALING, LYING, INATTENTION AND OVER-ACTIVITY; PARENT-CHILD RELATIONSHIP PROBLEMS IN THE CONTEXT OF DIVORCE AND ADOPTION; INTERNALIZING PROBLEMS SUCH AS SAD AFFECT, ANXIETY, LOW-SELF-ESTEEM, AND PERFECTIONISM; AND SEQUELAE OF ABUSE AND NEGLECT.

PCIT IS A LOT OF WORK AND

IT IS OFTEN A LOT OF FUN.



HOURS

Day	Hours
SUNDAY	CLOSED
MONDAY	8:30 - 6:00
TUESDAY	8:30 - 6:00
WEDNESDAY	8:30:00 - 6:00
THURSDAY	8:30 - 6:00
FRIDAY	8:30 - 5:00
SATURDAY	CLOSED



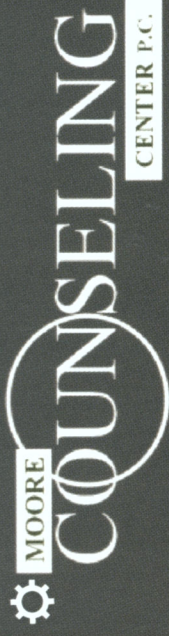
(405) 735-6333

1044 SW 4TH STREET

MOORE, OK 73160



WWW.MOORECOUNSELINGCENTER.COM



MENTAL HEALTH EXPERTS
YOU CAN TRUST



(405) 735-6333

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